

Taurolidine—a new drug with anti-tumor and anti-angiogenic effects

Christoph A. Jacobi^a, Charalambos Menenakos^a and Chris Braumann^{a,b}

Taurolidine [bis(1,1-dioxoperhydro-1,2,4-thiadiazinyl-4)-methane (TRD)], a product derived from the aminosulfoacid taurin, was first described as an anti-bacterial substance. It was mainly used in the treatment of patients with peritonitis as well as antiendoxic agent in patients with systematic inflammatory response syndrome. Meanwhile, quite interesting new experimental findings elucidated several new mechanisms concerning not only antibiotic but also anti-tumor effects. TRD significantly reduces the pathogenicity of prokaryotes, leading to a degeneration of the bacterial wall, and binds free lipopolysaccharides (LPSs) and exotoxins. Furthermore syntheses of tumor necrosis factor- α and interleukin-1 β are reduced in LPS-stimulated human macrophages in a dose dependent manner. Tumor angiogenesis is promoted by enhanced expression of all these endogenous angiogenic factors, indicating an anti-angiogenic effect of TRD. Tumor angiogenesis has a key role in tumor growth. TRD additionally inhibits tumor cell growth by a mitochondrial cytochrome c-dependent apoptotic mechanism, has a direct and elective effect on glial and neuronal brain tumor cells via Fas-ligand-mediated cell death, and inhibits protein synthesis at an early phase of translation, which might explain its various apoptotic effects. Subsequent to these experimental observations, TRD has shown encouraging clinical results after

intravenous administration in patients with gastrointestinal malignancies and tumors of the central nerve system. A remarkable experimental observation that comes to complete the above-mentioned findings is the low toxicity on leukopoiesis and erythropoiesis as well as on kidney and liver function in animal models. Several other data confirm low toxicity of the agent after its clinical administration in humans. Prospective clinical studies are currently investigating the efficacy of TRD on local and metastatic tumor growth in different malignancies. *Anti-Cancer Drugs* 16:917–921 © 2005 Lippincott Williams & Wilkins.

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^aDepartment of General, Visceral, Vascular and Thoracic Surgery and ^bDivision of Molecular Biology, Medical Faculty Charité, Humboldt University, Berlin, Germany.

Correspondence to C. A. Jacobi, Department of General, Visceral, Vascular and Thoracic Surgery, Universitätsmedizin Berlin, Charité Campus Mitte, Schumannstrasse 20/21, 10117 Berlin, Germany.
Tel: +49 30 450 522 031; fax: +49 30 450 522 932;
e-mail: christoph.jacobi@charite.de

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Introduction

After i.p. and systemic application of taurolidine (TRD), a reduction of intra- and extraperitoneal metastases was observed in rats [1–3]. TRD seems to have a direct effect on tumor cells with a consecutive inhibition of cell growth [4–6]. Combined i.p. application of TRD and heparin showed synergic effects in some studies, so that their clinical use could be effective in the prevention of metastases in surgical oncology [7,8].

Prophylactic, intraoperative i.p. lavage with TRD for the prevention of metastatic disease has already been successfully applied. Intravenous application as a primary treatment of poorly managed malignancies is also considered and is currently being examined, as serious side-effects due to conventional chemotherapy could be prevented. Data from randomized prospective studies will expected in order to analyze its tumor-suppressing effects.

In addition to monotherapy with TRD, combined application of TRD as part of a therapy has been given

great importance, so that synergic antineoplastic effects might be possible. In the following, we present some of the latest aspects of the antimicrobial and anti-tumorigenic effects of TRD, emphasizing the clinical implications.

Broad-spectrum antibiotic effects

TRD [bis(1,1-dioxoperhydro-1,2,4-thiadiazinyl-4)methane], a synthetic product derived from the aminosulfone acid taurin, consists of two aromatic rings (molecular weight 284.37), which are connected with a CH₂ group [5]. Hydrolysis divides the molecule into taurultam (molecular weight 136.18) and methyl-taurultam. Both of them are active metabolites of TRD, which has been clinically used for many years in cases of peritonitis [9], according to its primary indication [10,11]. The i.p. and i.v. application showed only mild (vagotone) side-effects [12]. Reactive CH₂ groups bind on the bacterial wall, on receptors and on cell membranes. Thus, in contrast to other cytotoxic agents, TRD acts via a chemical reaction. Chemically reactive hydroxymethyl groups occupy binding sites in order to induce signals. The bacterial surface

(e.g. *Escherichia coli*, *Streptococcus pyogenes*) is damaged in only 5 min with a 2% TRD solution [10]. Cells lost their ability to undergo mitosis, and their pathogenetic and invasive features. In *Candida albicans*, adherence was reduced after a 30-min incubation with 0.05% (up to 0.125%) TRD in a time-dependent manner. Inhibitory concentrations of approximately 2 mg/ml have been observed. Later experiments showed that the hydroxymethyl groups react with the lipopolysaccharides (LPSs) of the endotoxins and the polypeptides of the exotoxins, diminishing their fatal consequences [13].

LPSs and exotoxins of bacterial pathogens possess a reaction potential that causes multiple functional disorders in several organs [14]. Chemical inactivation of toxins with TRD is partially based on the inter- and intramolecular connection of LPS protein complexes with CH₂ groups [10,14]. In several experiments, i.p. LPS was used to induce peritonitis in mice [15] and canine models. The toxicity was assessed according to alterations in body temperature and lethality. *In vitro* pre-incubation with TRD did not reduce the LPS toxicity. Administration of mice plasma, however, reduced the toxicity up to 25%. It seems that enzymatic processes are necessary for the *in vitro* transportation of the CH₂ groups. Several animal experiments confirmed these findings [2,16]. The effect of i.v. administered TRD on endotoxin levels in chronic inflammatory bowel disease was examined in rats [13]. Systematic toxicity was reduced compared to the control group (isotone saline solution, $P = 0.0008$). Similar results have been found in other experiments with bacterial peritonitis treated with TRD [4]. The local plasma endotoxin levels were lower compared to the control (saline). In BALB/c mice, translocation of bowel flora caused a local inflammatory reaction. Substances such as cytokines were released in that case. It is well known that TRD binds to the bacterial cell wall by cross-linking and therefore the release of LPS is prevented [10]. Therefore, the influence of the agent on cytokine levels was evaluated.

Reduction of interleukin (IL)-1, tumor necrosis factor (TNF)- α and vascular endothelial growth factor (VEGF)

The bacterial production of endotoxins (LPS) and exotoxins induces the release of several cytokines that can stimulate tumor growth [17]. It has been shown that TRD reduces the synthesis of TNF- α and IL-1 β in LPS-stimulated human macrophages *in vitro* in a dose-dependent manner [18]. The cytokine levels decreased 80–90% after treatment with TRD (40–100 μ g/ml) in vital cells. Additionally, the agent inhibited TNF- α production (and cell adhesion) in rat mesangioma cells [19]. In other experiments, the substance also reduced TNF- α production by malignant colonic tumor cells (DHD/K12/TRb) with an estimated IC₅₀ value of 0.5 mmol/l. ELISA-based quantification of VEGF in the supernatants of the same cell line revealed that the

production of the major pro-angiogenic factor was also reduced by a 6-h contact with TRD. The estimated IC₅₀ value was 1.5 mM [20]. Furthermore, it has been shown that i.p. application of TRD decreased the local and serum levels of TNF- α in rats [21]. Thus, TRD might affect cytokine levels *in vitro* and *in vivo*. This effect was evaluated first on tumor growth *in vitro*.

Taurolidine reduces tumor growth *in vitro*

Previous cell kinetic experiments (96 h) have shown that TRD reduced tumor growth in human (CX 1) and rat colonic cells (DHD/K12/TRb) after a 2-h incubation *in vitro* [1]. This time is comparable to the abdominal administration used in the clinical setting. Although the applied concentrations *in vitro* were extremely low compared to clinical doses, a highly significant reduction in tumor growth was found during cell cycle periods. The results have been supported in other experiments [22]. TRD was also found to suppress the tumor growth of various cell lines [5]. Despite the fact that the concentrations described *in vitro* are more than 1000-fold lower compared to animal models, increasing doses led to a reduction of apoptosis (Table 1). TRD has been found to exert a direct and selective effect on glial and neuronal brain tumor cells via currently unknown apoptotic pathways [23]. The apoptotic effects were visualized by phosphatidyl externalization via Annexin-V assay. Concentrations between 50 and 100 μ mol/l led to approximately 60–80% apoptosis. Nevertheless, the predominant data showed that TRD unselectively suppressed tumor cell growth *in vitro*. Recently, TRD has been shown to reduce proliferation rate, adhesion and migration of tumor cells in comparison to Ringer's solution [24]. TRD also reduces the bottom contact of tumor cells after a 72-h incubation (50–100 μ mol/l) in an *in vitro* model [25]. Approximately 50–80% of melanoma cells lost their capacity to adhere. In human squamous cell carcinoma (SCC4 and SCC15) a 2-h treatment (0.01–0.5% TRD) significantly reduced cell proliferation and induced apoptosis [26]. The importance of adherence reduction of tumor cells has been described in different animal models.

Tumor growth inhibition in animal models

It is well known that intra-abdominal tumor cells can adhere, implant and grow in different anatomical sites [27]. Tumor cells will adhere more commonly on a damaged cell surface (intracellular substance) compared to an intact cell surface [28]. The most common trauma of mesothelial cells is made by the surgeon himself. Therefore, the influence of standardized mesothelial injuries on tumor growth (CC-531 cells) was analyzed in female WAG rats [29]. Three weeks after cell implantation, maximum tumor growth was found to correlate with the largest mesothelial lesions. In further experiments, tumor cells were implanted in kidneys. Mesothelial lesions were standardized and tumor growth was

Table 1 Tumor cell lines treated with different concentrations of TRD [the apoptotic impacts differ for the analyzed cell lines and correlate with the incubation time (e.g. PA-1)]

Reference	Cell lines	Tumor	Concentrations of TRD tested	Incubation time (h)	TRD concentration with the highest apoptotic effect
[39]	HL-60	leukemia	50–200 µmol/l	6	150 µmol/l
[23]	C6, HT22, U373	glioblastoma	3.5–14 mmol/l	6	35 µmol/l
[22]	HL-60	leukemia	1–10 mmol/l	1	1 mmol/l
[5]	PA-1	ovarian	1–10 mmol/l	1	2.5 mmol/l
	PA-1	ovarian	0.1–200 µmol/l	72	11.4 µmol/l
	SKOV-3	ovarian	0.1–200 µmol/l	72	31.6 µmol/l
	DU-145	prostate	0.1–200 µmol/l	72	9.8 µmol/l
	U-251	glioblastoma	0.1–200 µmol/l	72	20.1 µmol/l
	HT-29	colon	0.1–200 µmol/l	72	18.6 µmol/l
	HCT-8	colon	0.1–200 µmol/l	72	11.5 µmol/l
	HCT-15	colon	0.1–200 µmol/l	72	9.6 µmol/l
	B16-F10	melanoma	0.1–200 µmol/l	72	30.1 µmol/l
	MNT-1	melanoma	0.1–200 µmol/l	72	22.1 µmol/l
	H-157	lung	0.1–200 µmol/l	72	32.2 µmol/l
	A-549	lung	0.1–200 µmol/l	72	26.8 µmol/l
	H596	lung	0.1–200 µmol/l	72	34.2 µmol/l
[4]	DHD/K12/TRb	colon	18–88 µmol/l	24	18 µmol/l
[1]	DHD/K12/TRb, CX-1	colon	18–88 µmol/l	96	18 µmol/l
	HV1A3, TFK-1	gall bladder	18–88 µmol/l	96	18 µmol/l
	DHD/K12/TRb	colon	18–88 µmol/l	96	18 µmol/l
[25]	MNT-1	melanoma	12.5–100 µmol/l	72	25.4 µmol/l
	B16F10	melanoma	12.5–100 µmol/l	72	30.9 µmol/l
[26]	SCC 15	squamous cell	35–1.76 mmol/l	96	350 µmol/l
	SCC 4	squamous cell	35–1.76 mmol/l	96	1.76 mmol/l
[36]	REN, LRK, H28	malignant mesothelioma	0.1–200 µmol/l	24, 48 and 72	50, 100 and 150 µmol/l

evaluated, observing the same effects. The authors concluded that released cytokines induce adhesion molecules on the tumor cell surface. During the healing process, tumor cells were stimulated and levels of proteins such as lamin, fibronectin and vitronectin increased [30]. Heparin, a sulfated glycosaminoglycan, covalently binds receptors of the cellular surface and prevents adhesion of tumor cells [7,31]. Therefore, it was used in combination with other cytotoxic agents, such as TRD, to inhibit tumor growth in animals [2,32]. A single i.p. application of 1 ml 0.5% TRD (approximately 16 mM) significantly inhibited local tumor growth (DHD/K12/TRb, colon adenocarcinoma cells) in 210 BD-IX rats [3,8]. Neither i.p. reabsorption nor a single i.v. injection nor the combination of i.p. and i.v. application of the agents had any systemic anti-tumor effects. Preliminary data showed that 3% TRD reduces s.c. metastases weight and significantly inhibited tumor formation counts (DHD/K12/TRb) in BD-IX rats undergoing an 8-h injection for 1 week [12]. In ductal pancreatic cancer models, TRD was found to inhibit tumor growth and port site metastases [33,34]. The substance also effectively inhibited s.c. xenograft tumor growth (5×10^6 DU-145, human prostate cancer cell line) in male homozygous athymic mice (Hsd/athymic nude *nu/nu*) when applied i.p. [35]. Although tumor growth was effectively inhibited due to extremely high doses, the mortality rate was shown to be only 7%. In previous studies the i.p. use of the TRD reduced local tumor growth in rats undergoing laparotomy or laparoscopy [3,8]. New molecular mechanisms include inhibition of protein biosynthesis in eukaryotes, leading to cell death [20]. This action has

not been observed in physiological tissue, which implies a selective effect on tumor cells and a lower toxicity.

The latest reports on the antitumor effects of TRD seem to be of great interest and are still promising. Kilian *et al.* reported a decreased number of liver metastases per animal and lower port site metastasis rate in hamsters with chemically induced ductal pancreatic cancer which had undergone TRD irrigation during laparoscopy [33]. Nici *et al.* reported a significant antineoplastic activity of TRD against malignant mesothelioma *in vitro* and *in vivo* [36]. In their experimental study, Volz *et al.* used 18 times lower doses of TRD compared to Braumann *et al.* [20], and showed a positive effect on survival in animals treated with TRD and pneumoperitoneum [37].

TRD was also found to inhibit the development of organ metastases (B16 melanoma cells), and to improve survival following laparoscopy and laparotomy in 540 mice [16].

Toxicity

A remarkable experimental observation is the low toxicity in leukopoiesis and lymphopoiesis in animal models. There was no difference in the perioperative course between long-term therapy and bolus treatment with TRD in rats compared to the control group which was treated with isotonic saline solution [38]. If these findings can be confirmed in human clinical studies, the low toxicity should be considered as a major advantage compared to the devastating toxicity of traditional chemotherapeutics. Currently studies in our

experimental laboratory aim to assess the toxicity on vital organs such as liver and kidneys. Results are eagerly awaited.

Taking all the data together, the combination of cytokine modulation and direct cytotoxicity seems to be responsible for the antitumor effects. The findings led to the i.p. and i.v. application of TRD in clinical trials.

Clinical use as an antitumor agent

The i.p. concentration of TRD used (0.5–2%) is extremely high when compared to doses applied *in vitro*. Both antiseptic and antitumor effects are expected, which make TRD very interesting for clinical use. In a prospective randomized multicenter trial the effects on cytokine release (IL-1 β) of i.p. 0.25% povidone iodine versus 0.5% TRD were analyzed in 120 patients (own unpublished data, conventional resections of colon cancer $n = 57$, gastric cancer $n = 52$ and pancreatic malignancies $n = 11$). The cytokines IL-6, IL-10 and TNF- α (serum and i.p. levels) as well as the incidence of local recurrences or metastases were examined. Randomized patients were i.p. treated with TRD (0.5%) Ringer's solution and 0.25% povidone iodine (control) at the beginning of the operation and after tumor resection. No clinically relevant side-effects were observed during administration or after reabsorption. The data on the cytokine levels, local recurrences, metastases and mortality rate are expected at the end of 2005. A new study (phase III) examined the influence of an i.v. therapy (2% TRD, 300 mg/kg body weight/day) on gastric and pancreatic cancer recurrence ($n = 50$). The monthly repeated 7-day treatment sessions were performed using a central vein port catheter and a pump perfusor system. No clinically relevant side-effects were seen in the first 15 patients. Additionally, quality of life, response rate and mortality rate were evaluated under a standardized protocol. So far, reduced tumor markers at the end of a 7-day therapy have been observed in most patients. Stable disease was observed in three cases (gastric cancer recurrence group). One patient submitted to the 38th chemotherapy session without any tumor progress with a good quality of life. Reviewing the literature, it seems that the drug is effective on several tumor cell lines. Two patients with malignant glioblastoma were i.v. treated (2% TRD 1000 ml = 20 g/day). Although both patients died 4 months later (acute thromboembolism and pneumonia), a transient improvement in quality of life and a partial tumor remission were observed [6]. A clear response on the TRD treatment was seen in the computed tomography scan. The underlying pathological mechanisms are still under investigation.

Pathological mechanisms responsible for antitumor effects

TRD has two ringed molecules linked by a methylene bridge. In water, the drug is in equilibrium with taurultam

and methylol-aurultam hydrolysed to two molecules of taurultam. The latter is further biotransformed to methylol-aurinamide \rightarrow taurinamide \rightarrow taurine \rightarrow CO₂. The approximately half-lives of taurultam are $t_{1/2(\alpha)} = 0.75$ h and $t_{1/2(\beta)} = 6.7$ h after i.p. application. The half-lives after i.v. injection are $t_{1/2(\alpha)} = 0.14$ h and $t_{1/2(\beta)} = 2.2$ h [10]. TRD was first described as an antibacterial agent and used in the treatment of peritonitis or in patients with systemic inflammatory response syndrome [9]. It has been hypothesized that the suppression of tumor growth may be explained by intracellular effects leading to apoptosis, presumably by a mitochondrial cytochrome c -dependent apoptotic mechanism [39] or by a caspase-dependent pathway [36]. Lately, the agent has been found to exert a direct, selective effect on glial and neuronal brain tumor cells via Fas ligand-mediated cell death [40]. TRD decreases TNF- α and IL-1 β production in peritoneal macrophages, which might explain the additional anti-tumor effect on local cell growth [41]. TNF- α secreted by macrophages stimulates tumor angiogenesis, presumably by activating the major pro-angiogenic factor VEGF in tumor cells. Additionally, TNF- α is known to down-regulate apoptosis by activation of NF- κ B, an important transcription factor [42]. More recently, it was shown that TRD acts as an inhibitor of an early phase in translation [20]. Transcription and translation processes were performed in separate steps. Transcription of c-Jun cDNA in the presence of 16 mM TRD (0.5%) revealed no effect on the process. In contrast, translation of c-Jun mRNA was completely blocked by TRD. Different phases of translation, such as formation of the initiation complex, of the functional 80S ribosome and of polysomes, were separated by density gradient centrifugation and visualized using [³²P]mRNA. It could be demonstrated that TRD affects translation at a very early stage. It seems that no pre-initiation complex was formed. In the presence of TRD, protein biosynthesis was blocked in mammalian cells as well as in bacteria, which might explain most of its effects, including induction of apoptosis.

Conclusion and perspectives

TRD prevents growth and spread of tumor cells, reduces levels of cytokines as well as the major pro-angiogenic factor VEGF, and also acts as an antibacterial agent. The use of TRD as an i.p. instillation after surgical resection of abdominal malignancies has advantages based on its different effects and as an inductor of apoptosis. So far, no clinically relevant side-effects have been observed when an i.p. or i.v. maximum concentration of 300 mg/kg body weight/day was administered. Clinical use will be analyzed in prospective studies in humans in order to determine the efficacy on local and metastatic tumor growth on different malignancies. Standardized clinical protocols for i.p. and i.v. therapy are necessary to examine

TRD's toxicity and effectiveness in the multidisciplinary treatment of malignancies.

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